



# FUNdamental Music Mastery™

A Course in Elementary Musicianship



## Grades K ~ 5

Kirsten Smistad & Sonja Sarr

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## Grade 1

# Skill Focus – 1st Grade

- 1.1 Reviewing Iconic Quarter Notes, Do & Re
- 1.2 Reviewing Iconic Quarter & Eighth Notes, Do & Re
- 1.3 Reviewing Iconic Notes, Do & Re
- 1.4 Reviewing Standard Notation: Quarters & Eighths, Do & Re
- 1.5 Practicing Standard Notation: Quarters & Eighths, Do & Re
- 1.6 Introducing 4 Beats Per Measure
- 1.7 Practicing 4 Beats Per Measure
- 1.8 Introducing 2 Beats Per Measure
- 1.9 Introducing Andante
- 1.10 Reviewing Quarter Rest
- 1.11 Introducing Standard Time Signature
- 1.12 Practicing Quarter Rest
- 1.13 Practicing Quarter Rest
- 1.14 Introducing 2-Part Rhythm Quarter Rest
- 1.15 Introducing Mi
- 1.16 Practicing Mi
- 1.17 Introducing Brio
- 1.18 Practicing Brio & Mi
- 1.19 Practicing Mi
- 1.20 Introducing Half Note
- 1.21 Introducing Tutti
- 1.22 Practicing Tutti & Half Note
- 1.23 Practicing Tutti & Half Note
- 1.24 Practicing Tutti & Half Note
- 1.25 Introducing More Lines
- 1.26 Practicing Half Note
- 1.27 Introducing Half Rest
- 1.28 Practicing Half Rest
- 1.29 Practicing Half Rest
- 1.30 Introducing Mi-Do Skip

# FUNDamental Music Mastery Lesson #1.7

## Practicing 4 Beats per Measure

Kirsten Smistad

### 1. Rhythm

**Adagio**

4 Bee Bum-ble | Bee Bee Bee Bee | Tah Ti - Ti

### 2. Intervals

**Piano**

4 Do | Bee Bee Bee Bee | Re

### 3. 2-Part Rhythm

**Allegro**

a. 4 | Bee Bee Bee Bee | Bee Bee Bee Bee | Bee Bee Bee Bee | Bee Bee Bee Bee

b. 4 | Bee Bee Bee Bee | Bee Bee Bee Bee | Bee Bee Bee Bee | Bee Bee Bee Bee

*FUNDamental Music Mastery Lesson #1.19*

# Practicing Mi

Kirsten Smistad

## 1. Rhythm

**Piano**

Tah Ti-Ti Rest

## 2. Intervals

**Brio**

Do Re Mi

## 3. 2-Part Rhythm

**Forte**

a. b.

*FUNDamental Music Mastery Lesson #1.30*  
**Contrasting Half Rest & Quarter Rest**

Kirsten Smistad

1. Rhythm

**Forte**

Tah Rest Tah - ah Ti-Ti

2. Intervals

**Adagio**

Do Re Mi

3. 2-Part Rhythm

**Andante**

a. b.